



The Dermatologist's Choice

VITASURE



vitasure.co.za

Visit us at www.vitasure.co.za

Be Selfish

Vitasure is running a Selfie Competition. Just photograph your yourself with your favourite Vitasure product and post to the Vitasure Facebook page. You stand a change to WIN a Vitasure Hamper with several extremely useful Vitasure products. And of course, don't forget to LIKE the page while you're there.

Training

Need training on Vitasure products? Learn when to use which products and why. Be able to explain the difference between Vitasure and other products. Book now for free hands-on training at your pharmacy by contacting Lizelle Strydom at 0315662920 or 081 566 2902.

E-commerce site launched

Please see your pharmacist for any Vitasure product. If stock is not available, ask if the product can be ordered for you. If you can't find Vitasure, please check out e-commerce site and order directly through our website, delivered to your door via courier.



Treat your acne before it scars

Acne can be a devastating condition afflicting young people in the most impressionable years of their lives. With current treatments available, it is possible to prevent the lifelong scarring associated with the condition. All it takes is to see your dermatologist or GP timeously and get started on treatment.

A daily routine is essential. The Vitasure range offers a perfect combination of cleanser, moisturiser (with sunblock) and scrub. The Gentle Cleanser may be used on sensitive skins. The Deep Cleanser is ideal for oily skins. The Vitasure scrub may be used three times a week by gently massaging the skin.

For those who prefer using a night cream (without sunblock), there is Vitasure Night Cream too.

Numerous topical (externally applied) agents are available for acne. For mild acne these are usually sufficient, along with a daily routine of cleansing, moisturising and skin care outlined above.

Oral medication include antibiotics, oral contraceptives (females only) and isotretinoin. In general, the antibiotics are used for moderately severe acne or mild acne that has not



Read our blog

The Vitasure website www.vitasure.co.za posts useful information and tips on a regular basis on its blog page.

Please come back and read the blog regularly.

Feel free to send us your comments and requests for information. Your requests will form the basis of future blog posts.

Had a pleasant experience with Vitasure?

Why not send us your comment for uploading on our website? Others would greatly benefit from your comments. After all the tree that gives us shade was planted by someone else! Free hamper for the most innovative testimonial.



responded to topical treatments alone.

Isotretinoin is used for severe acne, including nodulocystic acne, or moderate acne that has not responded to oral antibiotics and oral contraceptives. Your treatment will need to be closely supervised by your dermatologist or GP.

A users Guide to Vitasure Face and Scalp Products



Vitasure Gentle Cleanser

A gentle facial cleanser for dry sensitive skin. Ideal for general skin care, children and for eczema.



Vitasure Deep Cleanser

A zesty, refreshing face wash for oily skins and acne



Vitasure Scrub

Microbeads to help blackheads and for skin exfoliation



Vitasure Day Cream

Moisturiser with SPF₃₀ sunblock and potent antioxidants to prevent UV damage and ageing. Contains Vitamin C & E.



Vitasure Shampoo

A specially formulated shampoo for scaly scalp, dandruff and psoriasis

To view or order Vitasure Body Products, please visit www.vitasure.co.za. Watch out for these in the next issue.